



## LNA Teleconference Series *The Caring Connection* 2012 Spring Schedule

**Thursday, Mar. 8, 2012**  
3:00 p.m. – 4:00 p.m EST  
Registration deadline:  
March 1, 2012

### **The Aide's Role in Recognizing Signs/Symptoms of Heart Attack and Other Life Threatening Conditions**

Heart disease remains the number one killer amongst Americans. Heart attacks are responsible for 500,000 deaths every year in the U.S. alone and most of the deaths occur within the first hour of the attack. This means it is critical that treatment is started as soon as possible. Recognizing the signs and symptoms of a heart attack is the first step to getting the right help in a timely manner. The in-home aide will be able to describe the signs and symptoms of a heart attack and other common life-threatening conditions such as stroke and pulmonary embolism. Emergency measures to be taken will also be discussed.

**Thursday, Apr. 12, 2012**  
3:00 p.m. – 4:00 p.m EST  
Registration deadline:  
April 5, 2012

### **The Aide's Role in Caring for a Patient with Hepatitis: What Does It Mean to Me?**

We've all heard about Hepatitis, but what does it really mean to me? How can caring for someone with Hepatitis affect me? Will I get Hepatitis from my patient? What precautions should I take? These questions and more will be answered in this in-service. The in-home aide will gain insight into the types of Hepatitis, how the disease is contracted, possible side effects and preventative measures.

**Thursday, May 10, 2012**  
3:00 p.m. – 4:00 p.m EST  
Registration deadline:  
May 3, 2012

### **The Aide's Role in Maintaining Professional Boundaries** *Jan Helsper, RN*

The relationship formed between aide and patient is different from non-professional, casual, social and personal relationships. While it is essential that the patients needs be foremost, establishing healthy boundaries or limits with our patients is essential to developing a healthy working relationship. This teleconference will address how to maintain those boundaries, managing boundary crossings, and examples of acceptable and non-acceptable behaviors.

**Thursday, Jun. 14, 2012**  
3:00 p.m. – 4:00 p.m EST  
Registration deadline:  
June 7, 2012

### **The Aide's Role in Understanding the Health of Older Adults** *Jan Helsper, RN*

As the number of older Americans are growing in number primarily due to the "baby boomers", some statistic show that by 2030, 60 percent of these people will manage more than one chronic condition. Understanding the health needs of the elderly is key to maintaining their independence and quality of life. The in-home aide will describe some of the common health issues facing the elderly today, how to recognize some of those issues and tips for managing them.



**Sign up for all four  
teleconferences and  
receive a series  
discount!**

**Janice Helsper, RN**, has been in home care for over fifteen years with an extensive background in medical review and quality improvement. She also has extensive compliance experience with both a fiscal intermediary and two large home care agencies in North Carolina. Jan has been a favorite speaker in workshops and teleconferences run by Home and Hospice Care Association of North Carolina.

**Enjoy the convenience and cost-efficiency of a telephone workshop.**

**LNA Audio Registration Deadlines**

- ◆ No travel time involved
- ◆ No limit to the number of attendees from your agency who may participate
- ◆ All that is required is a speaker telephone and a room large enough for your staff
- ◆ Participate in a Q&A portion
- ◆ Use these teleconferences to help meet the 12 hours per year aide education requirement under the CoPs

- Teleconference Series **All four programs**  
(Registration Deadline: Mar. 1, 2012)
- March 8, 2012 **Heart Attack**  
(Registration Deadline: Mar. 1, 2012)
- April 12, 2012 **Hepatitis**  
(Registration Deadline: Apr. 5, 2012)
- May 10, 2012 **Professional Boundaries**  
(Registration Deadline: May 3, 2012)
- June 14, 2012 **Older Adults**  
(Registration Deadline: Jun. 7, 2012)

**Details**

- ◆ The registration deadline for Series is March 1, 2012. All other deadlines noted above.
- ◆ Registrations may not be shared between agencies.
- ◆ Late registrations will be charged \$35 processing fee.
- ◆ Only one phone line allowed per agency . Fees will be charged for any additional lines.
- ◆ Email address is mandatory. The handout and directions will be emailed to you no later than one day prior to each teleconference to the email address you provide.
- ◆ Handouts are emailed in PowerPoint format – if you are unable to open a PowerPoint presentation, please indicate on the registration form so arrangements can be made to send it to you in another format.

**THREE SIMPLE WAYS TO REGISTER**

**BE SURE TO INCLUDE ALL INFORMATION REQUESTED BELOW:**

1. **Mail** completed form **with check** to HCANH, 8 Green Street Suite 2, Concord, NH 03301
2. **Email** a form to [croe@homecarenh.org](mailto:croe@homecarenh.org) and send your check in the mail.
3. **Fax** the completed form to (603) 225-5817 and send your check in the mail.

**Registrations with checks must be received by the appropriate deadlines listed above to guarantee that you receive confirmation details and handouts. We cannot guarantee receipt of dial-in instructions or handouts in time for the program if payment is not received by the appropriate deadline. Handouts and dial-in instructions will be sent three business days before your audio-conference.**

**Confirmations** with calling instructions will be sent via email.\* Please type or legibly print all information below.

Agency Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Email of contact person (mandatory) : \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ FAX: \_\_\_\_\_

- We cannot open PowerPoint documents, please send in a PDF format.

**Fees (select appropriate box)**

Teleconference Series

Individual Teleconference

RIPHC member  \$475

RIPHC member  \$139

Non-Member  \$875

Non-Member  \$239

Late Fees (after registration deadlines) \$35

**TOTAL Fees Enclosed** \$ \_\_\_\_\_